We recommend ordering Brooks running shoes 1/2 to one size larger than your dress shoe. Check out our size chart and fit tips below.

Fit guide

Brooks offers two fits in footwear starting in Fall 2021. Runners will be able to choose from the existing, classic running shoe fit they know and love or they'll now be able to try StealthFit launching first in the Levitate StealthFit 5 and the Levitate StealthFit GTS 5.



Classic Fit

Our existing, classic fit. Runners who value comfort, consistency, and access may prefer shoes with our universal fit. Our classic fit hugs your foot and blends flexibility and structure. It is built off a unique foot form and includes plush comfort, engineered support, and it accommodates multiple foot shapes through foam, laces, tongue, and eyestays.



Stealth Fit

Runners who value performance, innovation, and authenticity may prefer our shoes with StealthFit. This sleek, closer-to-foot fit is designed to wrap your foot and adapt to the way you move thanks to a combination of stretch and compression. It is built off a unique foot form and includes streamlined comfort, integrated fit solutions, and it adapts to multiple foot shapes through stretch.

	SHOE WIDTH COMPA	ARISON	
	All gender	Men's	Women's
Narrow	В	В	2A
Medium	D	D	В
Wide	2E	2E	D
Extra Wide	4E	4E	2E

Women's size guide

SHOE SIZE COMPARISON		
us	UK	Europe
5	3	35.5
5.5	3.5	36
6	4	36.5
6.5	4.5	37.5
7	5	38
7.5	5.5	38.5
8	6	39
8.5	6.5	40
9	7	40.5
9.5	7.5	41
10	8	42
10.5	8.5	42.5
11	9	43
11.5	9.5	44
12	10	44.5
12.5	10.5	45
13	11	45.5

Men's size guide

	SHOE SIZE COMPARISON	I.
us	UK	Europe
5	4	37.5
5.5	4.5	38
6	5	38.5
6.5	5.5	39
7	6	40
7.5	6.5	40.5
8	7	41
8.5	7.5	42
9	8	42.5
9.5	8.5	43
10	9	44
10.5	9.5	44.5
11	10	45
11.5	10.5	45.5
12	11	46
12.5	11.5	46.5
13	12	47.5
14	13	48.5
15	14	49.5
16	15	50.5