

Kahtoola Micropikes Sizing

**XS****S****M****L****XL**

Men/Hommes	Men/Hommes	Men/Hommes	Men/Hommes	Men/Hommes
US Y 1-4	US 4.5-7	US 7-11	US 11-14	US 14-16
EU 33-37	EU 37-40	EU 40-44	EU 44-47	EU 47-49

Women/Femmes	Women/Femmes	Women/Femmes
---	US 5.5-8.5	US 8.5-12
EU 32-36	EU 36-39	EU 39-43

**M****L****XL**

Men/Hommes	Men/Hommes	Men/Hommes
US 6-8.5	US 8.5-11	US 11-13.5
EU 39-41	EU 41-44	EU 44-47

Women/Femmes	Women/Femmes
US 7.5-10	US 10-12.5
EU 38-41	EU 41-43

Kahtoola Nanospikes Sizing



sizing is approximate
la pointure est approximative

S**M****L**

Men/Hommes	Men/Hommes	Men/Hommes
US 7-8	US 8-10	US 10-12
EU 40-41	EU 41-43	EU 43-45

Women/Femmes	Women/Femmes	Women/Femmes
US 8-9	US 9-11	US 11+
EU 38.5-39.5	EU 39.5-41.5	EU 41.5+

Kahtoola Crampons

Crampon Size SMALL / MEDIUM

- MENS: US 4-9 / EU 36-43
- WOMEN: US 5-10 / EU 36-43

Crampon Size MEDIUM / LARGE

- MENS: US 9-14 / EU 43-48
- WOMEN: US 10+ / EU 43+